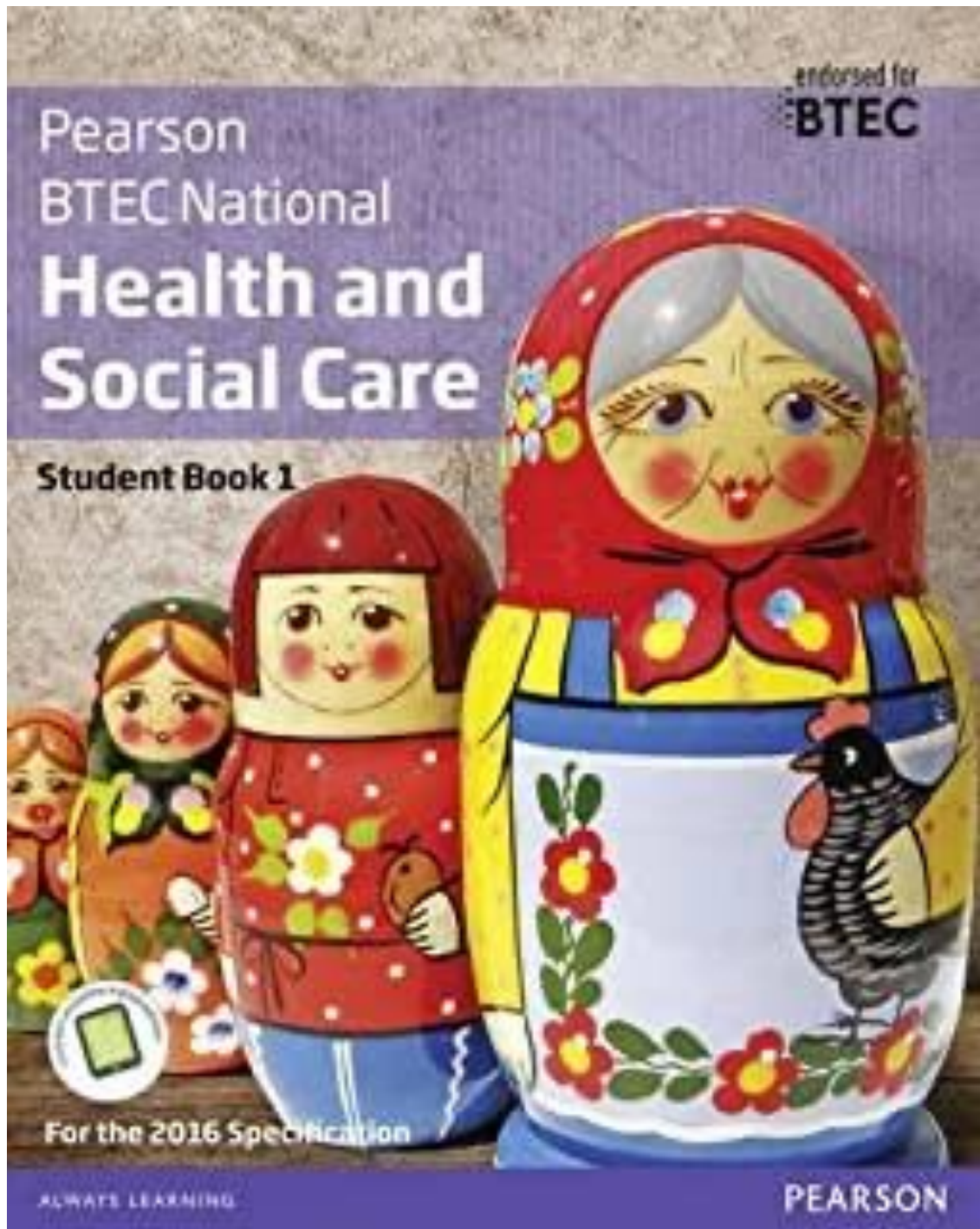


Level 3 BTEC Extended Certificate Health and Social Care



Passport to Sixth Form

Name: _____

What will I be studying?

This course allows you an insight in the many roles available within health and social care from nurses to social workers to child care assistants and beyond they have many key features that we shall explore and apply. You will be studying a range of units which will help you to gain skills that will be valuable in your chosen profession or future study. You will learn about the human body and mind alongside the changes across time. You will learn what it means to work in the sector and what skills and behaviours you will need to develop. We will study the following units; although the final one is subject to change and you may not study them in this order.

During unit one, **Human Lifespan Development**, you will focus on:

- Understand the different influences on an individual's development and how this relates to their care needs.
- You will be introduced to the biological, psychological and sociological theories associated with human lifespan development.
- You will explore the physical effects of ageing and the theories that help to explain psychological changes.
- **How you will be assessed: this is a paper based exam, that lasts for 1 hour 30 minutes, that is worth 90 marks. There is a variety of short- and long- answers. The questions are designed to test your knowledge on individual's development, the factors that affect this and the theories that explain this.**

During unit five, **Meeting Individual Care and Support Needs**, you will focus on:

- You apply knowledge in order to provide the care and support that meets the needs of an individual in a health and social care environment, for this you need to understand the principles and practicalities that are the foundation of all the care disciplines.
- You will need to consider ethical issues that may arise and challenges the individual may face in order to provide personalised care.
- You will reflect on the different methods used by professionals working together in a multi-agency team to provide a package of care and support that meets individual needs.
- **How you will assessed: by a series of assignments set at school. You will provide practice assignments to help you prepare for the final assessment. You will need to check that your work first meets all the pass criteria before moving on to merit and then finally distinction criteria.**

The final unit will also be a series of assignments based on in class work exploring a specific aspect of health e.g. physiological or psychological care. You will need to look at case studies as you did in unit five and use your knowledge to explain their behaviour or condition leading to treatment plans.

NETFLIX

Babies



Marriage Story



Louis Theroux: Extreme love, Dementia



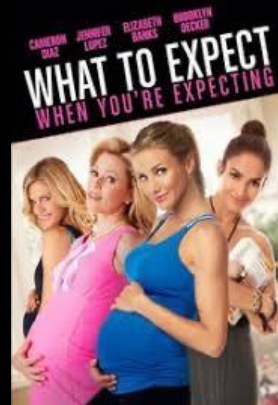
Brain on Fire



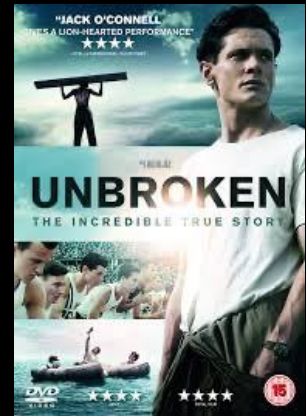
Theory of Everything



What to expect when you're expecting



Unbroken



Girl, interrupted



Call the Midwife



13 Reasons Why



Pandemic: How to prevent an outbreak



Recommended Watching for Health and Social

Beyond NETFLIX

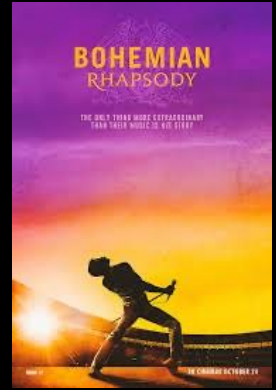
Elizabeth is Missing Rio & Kate: Becoming a Step family



JesyNelson: Odd one out



Bohemian Rhapsody



BBC iPlayer

DVD

Confessions of a Junior Doctor



Born to be different



Secret life of... Year Olds



Still Alice



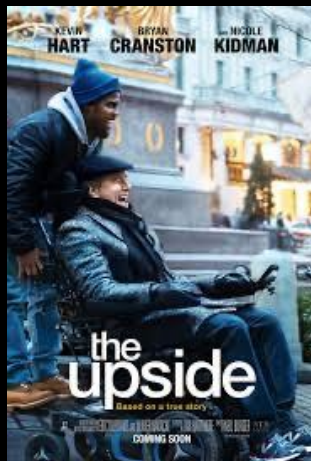
On Demand

DVD

The Children Act



The Upside



Beautiful Boy



Miss you Already



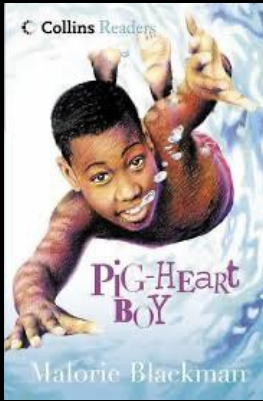
Amazon Prime



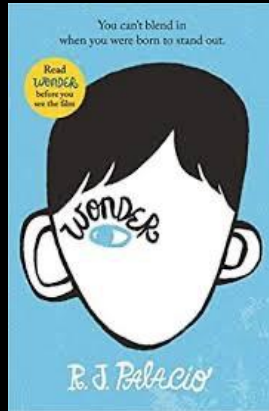
Beyond NETFLIX

Further Reading

Pig Heart Boy Malorie Blackman



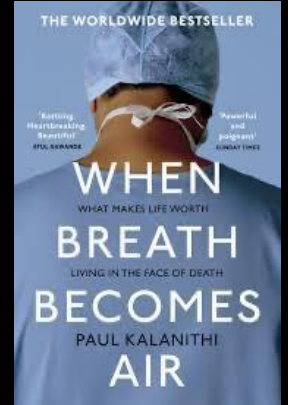
Wonder R.J. Palacio



This is Going to Hurt by Adam Kay



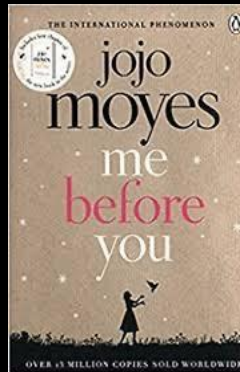
When Breathe becomes Air Paul Kalanithi



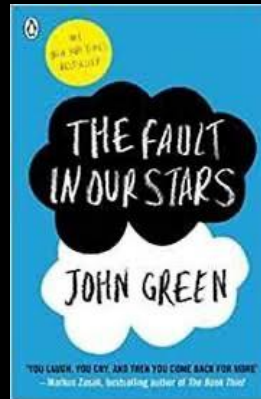
The Hate U Give by Angie Thomas



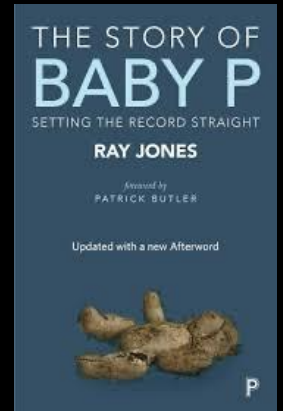
Me Before you Jojo Moyes



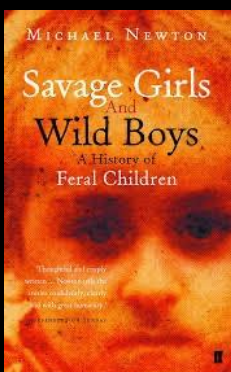
The Fault in Our Stars by John Green



The Story of Baby P by Ray James



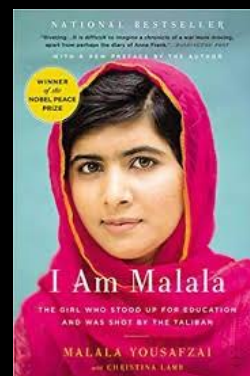
Savage Girls and Wild Boys by Michael Newton



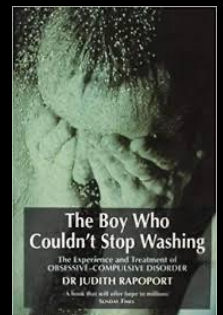
The Language of Kindness by Christie Watson



I am Malala Malala Yousafzai



The Boy Who Couldn't Stop Washing by Dr Judith Rapoport



Recommended Reading for Health and Social

Yes some of these are also films, if you prefer!

Health and Social Care in the Media



It is important to make the public realise about the issues which are prevailing in society relating to health and social care. One way in which public awareness is raised about health and social care in general and issues that exist within the health and social care sector is through the media.

Your task is to write a review for the following;

Compulsory

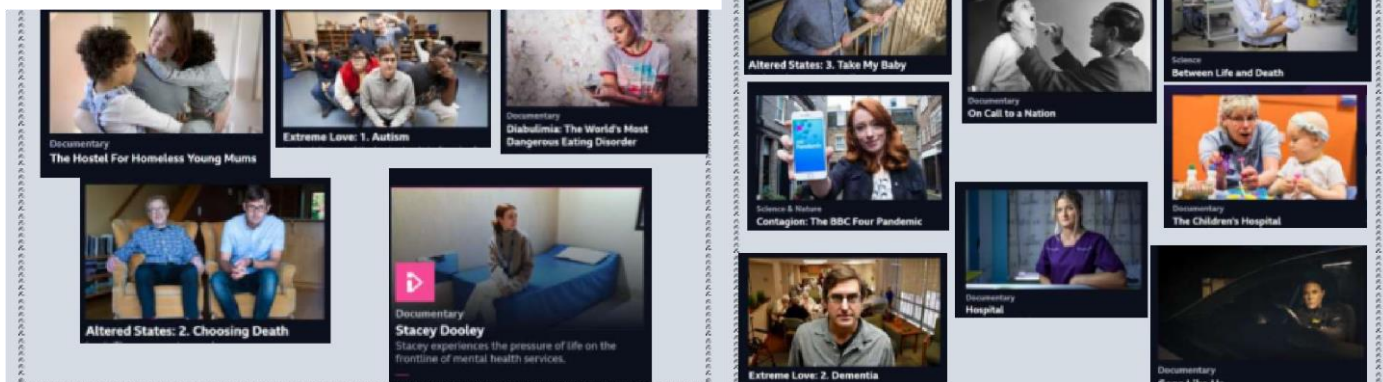
1. A book or journal
2. A film or documentary

Consider the following:

- What issues, if any, are being raised in the book/film?
- How are the H&SC services portrayed in this film/book?
- Are there any quotes/scenes that stand out to you and why?
- How effective is the book/film in raising public awareness about H&SC/Issues?

This list is NOT exhaustive there may be other questions/ideas you wish to consider as you watch or read.

BBC iPlayer Documentary Suggestions:



GLOSSARY

Complete the table below with definition and draw/add a symbol to represent the term.

Term	Definition	Symbol
Fine Motor Skills		
Growth		
Holistic Approach		
Milestone		
Nature		
Nurture		
Risk Assessment		
Safeguarding		
Self-Concept		
Self-Esteem		

Select 2 jobs from the list below and look at how they have worked during the pandemic.

Compulsory

Job Role	Definition	Roles and Responsibilities	Qualities and attributes needed to be successful?
District Nurse			
Auxiliary Nurse			
Palliative Care			
Phlebotomist			
Domiciliary Carer			
Adult Social Worker			



Health and Social Care in a Pandemic.

At the moment, we are living through a time when health and social care services are needed more than ever! Those who have chosen this as a profession have stepped up to look after those affected by the COVID-19 pandemic. You will be seeing on the news constant stories about the amazing work that is going on in the British NHS and Care system. A number of people have been identified as being particularly at risk from the virus.

From the list below I want you to **investigate 2 of the risk factors** and explain what the factor you have chosen is and how it makes individuals more vulnerable to the pandemic.

Compulsory

- **Obesity**
- **Being immune compromised such as undergoing chemotherapy for cancer**
- **Cardiovascular disease**
- **Having respiratory issue such as COPD and asthma**
- **Having neurological problems such as multiple sclerosis or having had a stroke.**



Fact sheets on Theorists

Suggested
additional
SIL

In Unit 1 you will learn about a range of theorists including Piaget and Chomsky and Bowlby. Spend 30 minutes on each theorist and create a spider diagram, fact sheet or page of notes outlining their key ideas.

Piaget – Theory of cognitive development

Chomsky – Theory of language acquisition

Bowlby – Theory of attachment

Unit 5 Questions

Suggested
additional
SIL

Unit 5 Meeting Individual Care and Support Needs. Please answer the questions.

1. What is diversity and why is it important to be aware of diverse needs as a H&SC professional?

2. What is equality and how can it be promoted in H&SC services?

3. What different types of discrimination are there?


Case notes

CYNTHIA

Cynthia is 78 and has been admitted with confusion. She has been treated with urinary tract infection (UTI).

Prior to admission, she had adhoc visits from friends to provide care.

As well as the UTI there is evidence of acopia (this means that she is unable to look after herself) and she was in a dishevelled state. There was evidence of recent weight loss.



4. How can the service providers looking after Cynthia make sure she doesn't experience discrimination?