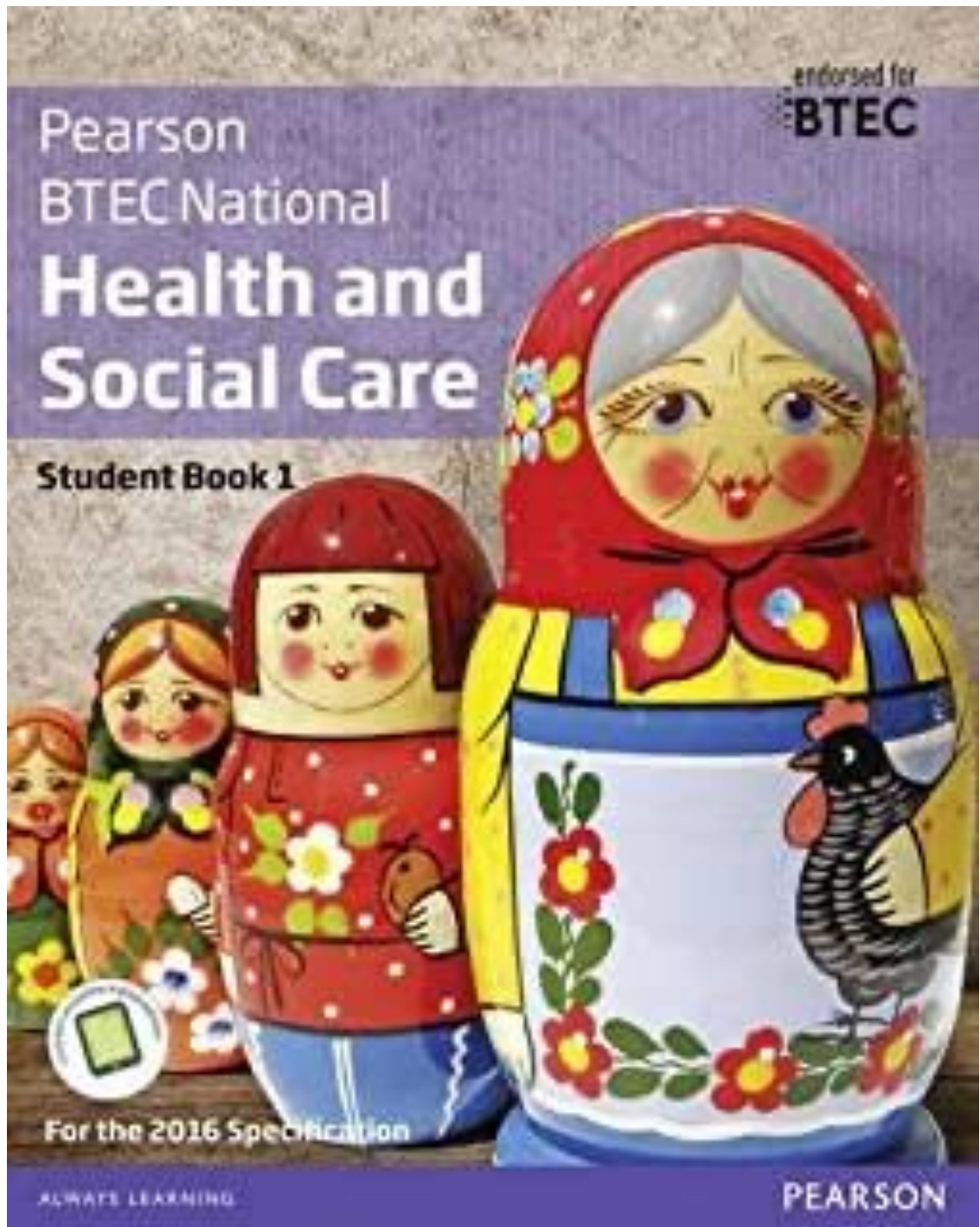


Level 3 BTEC Extended Diploma Health and Social Care



Passport to Sixth Form

Name: _____

What will I be studying?

This course allows you an insight in the many roles available within health and social care from nurses to social workers to child care assistants and beyond they have many key features that we shall explore and apply. You will be studying a range of units which will help you to gain skills that will be valuable in your chosen profession or future study. You will learn about the human body and mind alongside the changes across time. You will learn what it means to work in the sector and what skills and behaviours you will need to develop. We will study the following units; although the final one is subject to change and you may not study them in this order.

During unit one, **Human Lifespan Development**, you will focus on:

- Understand the different influences on an individual's development and how this relates to their care needs.
- You will be introduced to the biological, psychological and sociological theories associated with human lifespan development.
- You will explore the physical effects of ageing and the theories that help to explain psychological changes.

How you will be assessed: this is a paper based exam, that lasts for 1 hour 30 minutes, that is worth 90 marks. There is a variety of short- and long- answers. The questions are designed to test your knowledge on individual's development, the factors that affect this and the theories that explain this.

During unit five, **Meeting Individual Care and Support Needs**, you will focus on:

- You apply knowledge in order to provide the care and support that meets the needs of an individual in a health and social care environment, for this you need to understand the principles and practicalities that are the foundation of all the care disciplines.
- You will need to consider ethical issues that may arise and challenges the individual may face in order to provide personalised care.
- You will reflect on the different methods used by professionals working together in a multi-agency team to provide a package of care and support that meets individual needs.

How you will be assessed: by a series of assignments set at school. You will provide practice assignments to help you prepare for the final assessment. You will need to check that your work first meets all the pass criteria before moving on to merit and then finally distinction criteria.

During unit seven, **Principles of Safe Practice in Health and Social Care**, you will focus on:

- Examine how a duty of care contributes to safe practice in health and social care settings
- Understand how to recognise and respond to concerns about abuse and neglect in health and social care settings
- Investigate the influence of health and safety legislation and policies in health and social care settings

- Explore procedures and responsibilities to maintain health and safety and respond to accidents and emergencies in health and social care settings.

How you will be assessed: by a series of assignments set at school. You will be provided with practice assignments to help you prepare for the final assessment. You will need to check that your work first meets all the pass criteria before moving on to merit and then finally distinction criteria.

NETFLIX

Babies



Marriage Story



Louis Theroux: Extreme love, Dementia



Brain on Fire



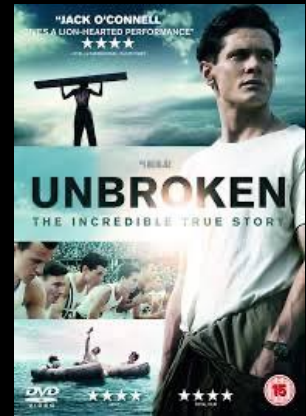
Theory of Everything



What to expect when you're expecting



Unbroken



Girl, interrupted



Call the Midwife



13 Reasons Why



Pandemic: How to prevent an outbreak



Recommended Watching for Health and Social

Beyond NETFLIX

Elizabeth is Missing Rio & Kate: Becoming a Step family



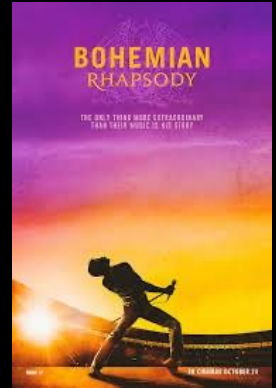
BBC iPlayer

Jesy Nelson: Odd one out



DVD

Bohemian Rhapsody



Confessions of a Junior Doctor



On Demand

Born to be different



Secret life of... Year Olds



Still Alice



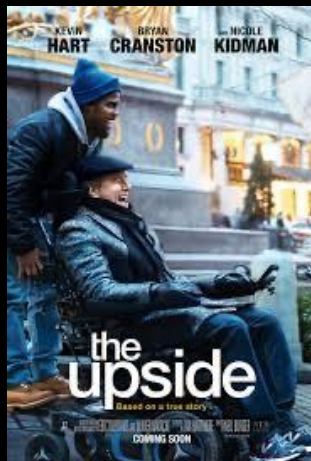
DVD

The Children Act



Amazon Prime

The Upside



Beautiful Boy



Miss you Already

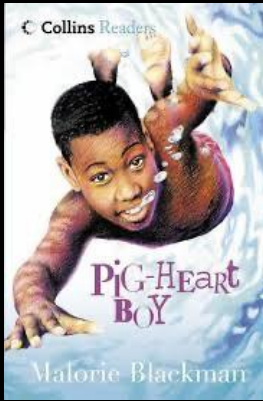




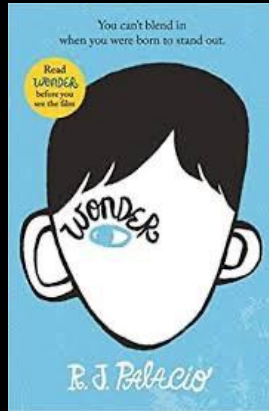
Beyond NETFLIX

Further Reading

Pig Heart Boy Malorie Blackman



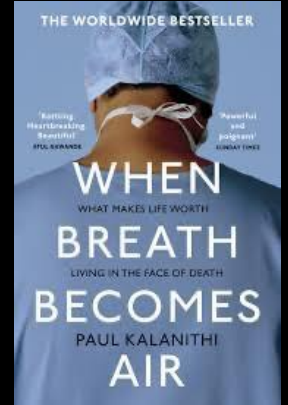
Wonder R.J. Palacio



This is Going to Hurt by Adam Kay



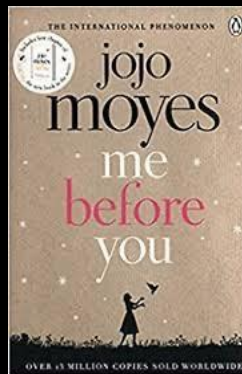
When Breathe becomes Air Paul Kalanithi



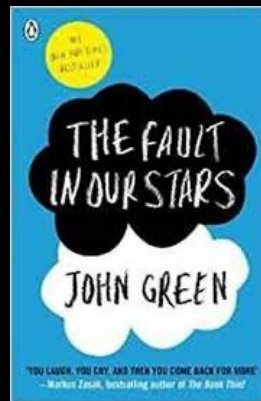
The Hate U Give by Angie Thomas



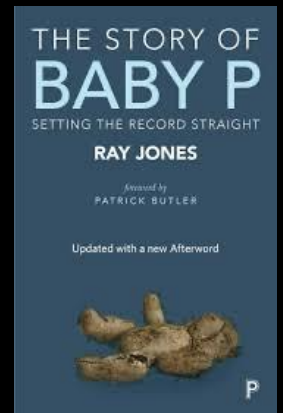
Me Before you Jojo Moyes



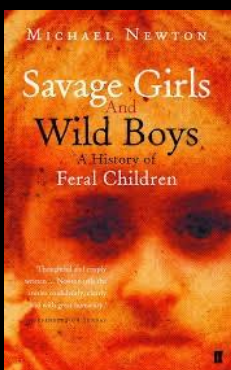
The Fault in Our Stars by John Green



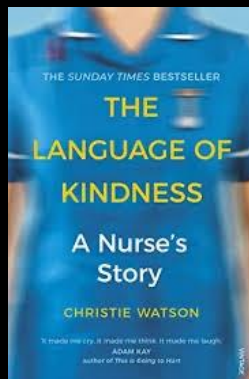
The Story of Baby P by Ray James



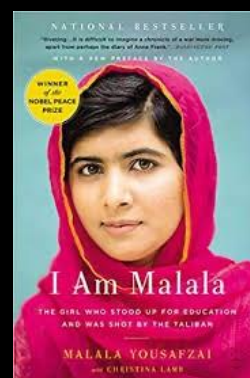
Savage Girls and Wild Boys by Michael Newton



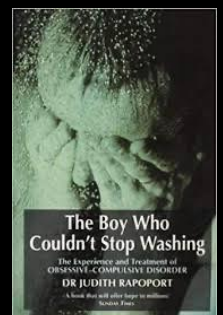
The Language of Kindness by Christie Watson



I am Malala Malala Yousafzai



The Boy Who Couldn't Stop Washing by Dr Judith Rapoport



Recommended Reading for Health and Social

Yes some of these are also films, if you prefer!

Health and Social Care in the Media



It is important to make the public realise about the issues which are prevailing in society relating to health and social care. One way in which public awareness is raised about health and social care in general and issues that exist within the health and social care sector is through the media.

Your task is to write a review for the following;

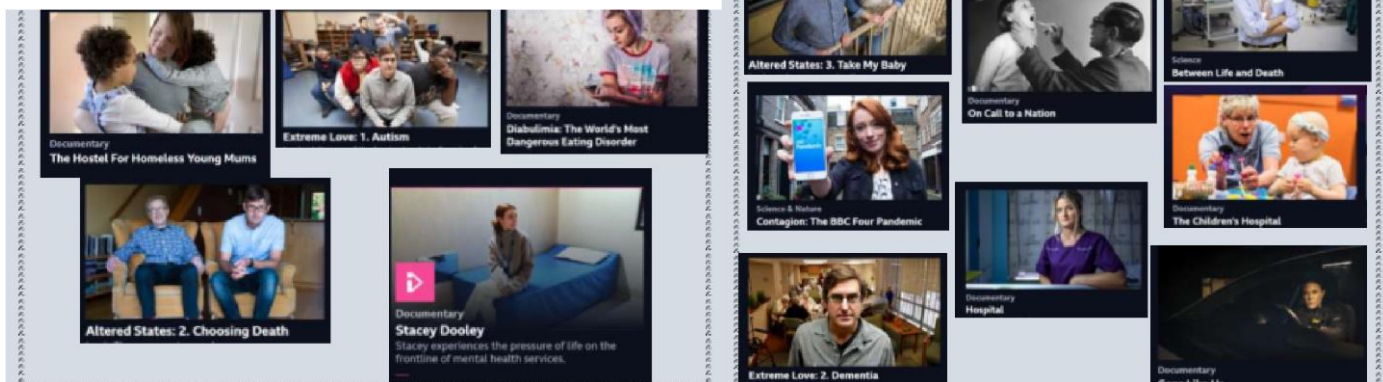
1. A book or journal
2. 2 films or documentaries

Consider the following:

- What issues, if any, are being raised in the book/film?
- How are the H&SC services portrayed in this film/book?
- Are there any quotes/scenes that stand out to you and why?
- How effective is the book/film in raising public awareness about H&SC/Issues?

This list is NOT exhaustive there may be other questions/ideas you wish to consider as you watch or read.

BBC iPlayer Documentary Suggestions:



GLOSSARY

Complete the table below with definition and draw/add a symbol to represent the term.

Term	Definition	Symbol
Fine Motor Skills		
Growth		
Holistic Approach		
Milestone		
Nature		
Nurture		
Risk Assessment		
Safeguarding		
Self-Concept		
Self-Esteem		

Select 2 jobs from the list below and look at how they have worked during the pandemic.

Compulsory

Job Role	Definition	Roles and Responsibilities	Qualities and attributes needed to be successful?
District Nurse			
Auxiliary Nurse			
Palliative Care			
Phlebotomist			
Domiciliary Carer			
Adult Social Worker			



Health and Social Care in a Pandemic.

At the moment, we are living through a time when health and social care services are needed more than ever! Those who have chosen this as a profession have stepped up to look after those affected by the COVID-19 pandemic. You will be seeing on the news constant stories about the amazing work that is going on in the British NHS and Care system. A number of people have been identified as being particularly at risk from the virus.

Compulsory

From the list below I want you to **investigate 2 of the risk factors** and explain what the factor you have chosen is and how it makes individuals more vulnerable to the pandemic.

- **Obesity**
- **Being immune compromised such as undergoing chemotherapy for cancer**
- **Cardiovascular disease**
- **Having respiratory issue such as COPD and asthma**
- **Having neurological problems such as multiple sclerosis or having had a stroke.**



In Unit 1 you will learn about a range of theorists. Please research Piaget and Chomsky and complete the following questions.

Piaget

1. Complete the following table to show the age ranges of each of Piaget's stages of cognitive development:

<u>Life stage</u>	<u>Age range</u>
Sensorimotor Stage	
Pre-operational Stage	
Concrete Operational Stage	
Formal Operational Stage	

2. Identify it

Casey's mother is in the hospital; she calls home and asks to speak to Casey.

She asks, 'Have you had a nice day today?'

Casey nods in response.

Identify Casey's stage of cognitive development and justify your choice.

3. Define what Piaget meant by 'egocentric thinking'.

4. Match up the stage of schema development with its description.

Equilibrium	When new information cannot be fitted into existing schemas
Disequilibrium	When a child's existing schema can explain the world around them
Assimilation	When the existing schema is changed to incorporate new information

5. Tell me one way a researcher could conduct a test of conservation.

--

6. Give me two criticisms of Piaget's theory of cognitive development.

1.	
2.	

Chomsky

1. Give me three ways a child can be encouraged to develop language skills

1.	
2.	
3.	

2. Explain these key features of Chomsky's theory of language acquisition

Language acquisition is an innate process...	
Language acquisition involves the language acquisition device (LAD)...	
There is a critical period	

for learning language...	
--------------------------	--

3. Piaget or Chomsky?

Are these statements describing Piaget’s theory of cognitive development or Chomsky’s theory of language acquisition?

Statement	P or C?
Children pass through distinct stages of development	
Children develop schemas about the world around them	
All babies are born with a language acquisition device	
Children develop abstract thinking skills at around 11 years old	
All children can decode the rules of grammar	
Children can identify when adults misuse language	
Children think egocentrically until around 7 years old	

Unit 5 questions

Compulsory

Unit 5 Meeting Individual Care and Support Needs. Please answer the questions.

1. What is diversity and why is it important to be aware of diverse needs as a H&SC professional?

2. What is equality and how can it be promoted in H&SC services?

3. What different types of discrimination are there?


Case notes

CYNTHIA

Cynthia is 78 and has been admitted with confusion. She has been treated with urinary tract infection (UTI).

Prior to admission, she had adhoc visits from friends to provide care.

As well as the UTI there is evidence of acopia (this means that she is unable to look after herself) and she was in a dishevelled state. There was evidence of recent weight loss.



4. How can the service providers looking after Cynthia make sure she doesn't experience discrimination?

Unit 5 literacy check

Suggested
additional
SIL

Unit 5 Literacy check – Research the following terms and write a definition for each.

- Supported living services
- National eligibility criteria
- Self-funding

- Children's centre
- Govern
- Advisory Board
- Acronym
- Abbreviation
- Interpersonal
- Literacy skills
- Group values
- Advocate
- Care pathway
- Multi-disciplinary team
- Regulatory bodies (HCPC, NMC)
- Multi-agency team
- Code of practice
- Legislation

**Suggested
additional
SIL**

Unit 7 Flashcards

Unit 7 Flashcards – Research the following legislation and guidance and create flashcards on them. You can create electronic or real flashcards

<https://www.cram.com/> .

Key areas to consider

1. What does the legislation set out to do?
2. How does this legislation protect service users?

3. How does this influence the way H&SC professionals implement this legislation?

- Health and Safety at Work Act (1974)
- The Manual Handling Operations Regulations. (MHOR) (2002)
- The Food Hygiene (England) Regulations. (2006)
- Control of Substances hazardous to Health (COSHH) (2002)
- Reporting of Injuries, Diseases and Dangerous Occurrences Regulations. (RIDDOR) (2013)
- Data Protection Act (2018)
- Care Standards Act. (2000)
- The Equality Act. (2010)
- The Care Act. (2014)
- Care Quality Commission Standards.
- Disclosure and Barring Service (DBS) checks.

**Suggested
additional
SIL**

Unit 7 research

Create a PowerPoint on how to promote health and safety in the H&SC sector. Use the following a subheadings.

Procedures to maintain health and safety

- Infection control and prevention, e.g. standard infection control precautions.
- Safe moving and handling of equipment and individuals.
- Food preparation and storage.
- Storage and administration of medication.
- Storage and disposal of hazardous substances.